

## APRICOT KERNEL OIL



**Botanical Name:** *Prunus armeniaca*

**Aroma:** Faint

**Texture:** Somewhat oily, absorbs semi-quickly.

**Color:** Virtually clear with a tinge of yellow.

**Notes:** The semi-oily texture makes this oil helpful in massage blends.

Although formerly supposed to come from Armenia, where it was long cultivated, hence the name *Armeniaca*, there is now little doubt that its original habitat is northern China, the Himalaya region and other parts of temperate Asia. It is cultivated generally throughout temperate regions. Introduced into England, from Italy, in Henry VIII's reign.

Apricot kernel oil is particularly helpful for dehydrated, delicate, mature and sensitive skin, and it helps to soothe inflammation. This finely textured oil spreads easily and is particularly rich in both oleic acid and linoleic acid.

A member of the Rosaceae family and a relative of the Almond and Peach, the Apricot tree is native to Spain and cultivated in the Mediterranean and California. It bears soft cream blossoms with pink yellow centres. It is used in soothing emulsions, and massage oils especially those for the face.

If you are looking for a fine textured carrier oil, that is easily absorbed by the skin without leaving it feeling oily and that is high in poly-unsaturated fatty acids, that is specifically beneficial when doing facial massage, then look no further than Apricot Kernel Oil.

Rich in **vitamins A, B1, B2, B6 and E**. An ideal basic carrier oil, nourishing and protecting to the skin. Calms skin irritation. Can be used on its own or with other carrier oils. Good keeping qualities as it contains vitamin E. This is one of the most widely used carrier oils.